**MID-SOUTH ALLERGY, ASTHMA, AND SINUS CENTER**

**Albert E. Hensel, III, M.D.**

ALLERGY SKIN TESTING WILL TAKE APPROXIMATELY 3-4 HOURS WHEN IT IS PERFORMED AT YOUR INITIAL VISIT.

THERE ARE SOME COMMON MEDICATIONS THAT MAY INTERFERE WITH THE RESULTS OF YOUR ALLERGY TEST THAT WILL NEED TO BE **AVOIDED** PRIOR TO TESTING AS INDICATED BELOW.

THE FOLLOWING MEDICATIONS SHOULD BE **STOPPED 5 DAYS** PRIOR TO TESTING: ALL **ALLERGY AND COLD MEDICATIONS** (OVER-THE-COUNTER AND PRESCRIPTION). THIS WOULD INCLUDE:

Fexofenadine Chlorpheniramine Nyquil

Allegra Allerest Alka-seltzer Plus

Allegra-D Tavist Comtrex

Benadryl Tavist D Dimetane

Diphenhydramine Actifed Drixoral

Brompheniramine Dristan Poly-Histine

Dimetapp Ru-Tuss Rynatuss

Triaminic Tussionex Clemastine

ANY COLD AND SINUS PREPARATIONS SUCH AS TYLENOL COLD AND SINUS. ALSO INCLUDED IS ANY MEDICATION WITH PM IN THE NAME SUCH AS TYLENOL PM, ADVIL PM, EXCEDRIN PM OR OTHER MEDICATIONS USED OVER-THE-COUNTER FOR A SLEEP AID.

THE FOLLOWING ANTIHISTAMINES SHOULD BE **STOPPED 7 DAYS** PRIOR TO TESTING:

Alavert Clarinex Claritin

Claritin D Loratadine Histex

Xyzal Zyrtec Cetirizine

Promethazine Phenergan Lodrane, Lodrane D

**ALL ALLERGY EYE DROPS** SHOULD BE **STOPPED 7 DAYS** PRIOR TO TESTING:

Pataday Patanol Optivar

Zaditor Ketotifen Alaway

Elestat

VISINE ALLERGY EYE DROPS SHOULD BE STOPPED **48 HOURS** PRIOR TO TESTING.

THE FOLLOWING **NASAL SPRAYS** SHOULD BE **STOPPED 7 DAYS** PRIOR TO TESTING:

Astelin Astepro Patanase

Azelastine

HOLD **SINGULAIR** FOR **12 HOURS** PRIOR TO TESTING.

THE FOLLOWING LIST OF MEDICATIONS WILL NEED TO BE **STOPPED 14 DAYS** PRIOR TO ALLERGY TESTING. **PLEASE CHECK WITH YOUR PRESCRIBING PHYSICIAN PRIOR TO STOPPING THESE MEDICATIONS**:

Trazodone Imipramine

Meclizine Antivert

Tofranil Doxepin

Mirtazapine Remeron

Hydroxyzine Amitriptyline Nortriptyline Pamelor

REMEMBER THAT THIS LIST IS NOT INCLUSIVE OF ALL MEDICATIONS THAT COULD INTERFERE WITH ALLERGY TESTING. IF YOU HAVE ANY QUESTIONS, PLEASE CALL US AT 931-520-1010.